

ican rather than earlier Spanish influence. Spaniards of the colonial period in the Philippines commonly referred to the indigenous people as *Indios*.

<sup>2</sup>A vague suggestion of a Wet-Dry dimension among the Chorti Indians of Guatemala has been reported by Wisdom. "Aigres l'airs" I named for the bodily condition they cause . . . are windiness, coldness, warmth, burning, fire, swelling, dryness, wetness, congestion, excess of body function and weight, excess of growth in the body, rotting, stiffness, weakening, acidity, and body-spotting" (Wisdom 1940:321). Continuing, "Dryness, caused by a dry *aigre*, refers to any drying-up of a body liquid or secretion, to emaciation in persons and animals, and to withering and death in plants . . . it is relieved by 'dampening the body' [how is not indicated]. . . . Dampness is a condition of excessive moisture, water, or damp *aigre* in any body part and is relieved by 'drying up the body' or by drying the affected part [how drying up is accomplished is also not indicated]" (1940:323-324).

The Quiché Indians of Guatemala are also reported as recognizing wet and dry illnesses. These qualities, however, do not apply to food, herbal remedies, or other substances (Neuenschwander and Souder 1977).

#### REFERENCES CITED

- Adams, Richard N.  
1957 Cultural Surveys of Panama, Nicaragua, Guatemala, El Salvador, and Honduras. Washington, DC: Pan American Sanitary Bureau, World Health Organization.
- Adams, Richard N., and Arthur J. Rubel  
1967 *Sickness and Social Relations*. In *Social Anthropology*. Manning Nash, ed. Pp. 333-356. Handbook of Middle American Indians, Vol. 6. Robert Wauchope, gen. ed. Austin: University of Texas Press.
- Aguirre Beltrán, Gonzalo  
1963 *Medicina y magia: el proceso de aculturación en la estructura colonial*. Mexico City: Instituto Nacional Indigenista, Colección de Antropología Social, No. 1.
- Aho, William R., and Kimlan Minott  
1977 *Creole and Doctor Medicine: Folk Beliefs, Practices, and Orientations to Modern Medicine in a Rural and an Industrial Suburban Setting in Trinidad and Tobago, The West Indies*. *Social Science & Medicine* 11:349-355.
- Anderson, Arthur J. O.  
1960 *Sahagun's Nahuatl Texts as Indigenist Documents*. *Estudios de Cultural Nahuatl* 2:31-42.
- Anderson, Arthur J. O., and Charles E. Dibble  
1954 *Florentine Codex: General History of the Things of New Spain*, Book 8—Kings and Lords. Santa Fe, NM: Monographs of the School of American Research, Number 14, Part IX.
- Anderson, Eugene N.  
1980 "Heating" and "Cooling" Foods in Hong Kong and Taiwan. *Social Science Information* 19:237-268.
- 1984 "Heating" and "Cooling" Foods Re-examined. *Social Science Information* 23:755-773.
- Anzures y Bolaños, Ma. del Carmen  
1979 El «Florilegio medicinal»: alternativa y complemento de dos corrientes. *Estudios del Tercer Mundo* 2:741-745.
- Anzures y Bolaños, Ma. del Carmen, ed.  
1978 *Juan de Esteyneffer: Florilegio medicinal*. 2 vols. Mexico City: Academia Nacional de Medicina.

- Baas, Johann Hermann  
1910 *Outlines of the History of Medicine and the Medical Profession*. Translated by H. E. Handerson. New York: William R. Jenkins.
- Barrios, Juan de  
1607 *Verdadera medicina, cirugía y astrología en tres libros dividida*. Mexico: Fernando Balli.
- Bastien, Joseph W.  
1983 *Pharmacopocia of Qollahuaya Andeans*. *Journal of Ethnopharmacology* 8:97-111.
- 1985 *Qollahuaya-Andean Body Concepts: A Topographical-Hydraulic Model of Physiology*. *American Anthropologist* 87:595-611.
- Bravo, Francisco  
1570 *Opera medicinalia*. Mexico: Petrum Ocharte.
- Bronberger, Christian  
1985 *Identité alimentaire et altérité culturelle dans le nord de l'Iran: le chaud, le chaud, le sexe et le reste*. In *Identité alimentaire et altérité culturelle*. Pp. 5-34. Recherches et Travaux de l'Institut d'Ethnologie, No. 6. Neuchâtel: Université de Neuchâtel.
- Brown, Michael F.  
1976 *Patterns of Variability in Two Folk Systems of Classification*. Michigan Discussions in Anthropology 2:76-90. Ann Arbor: Department of Anthropology, University of Michigan.
- Campbell, Donald  
1926 *Arabian Medicine and its Influence on the Middle Ages*, Vol. 1. London: Kegan Paul, Trench, Trubner & Co.
- Cárdenas, Juan de  
1591 *Problemas y secretos maravillosos de las Indias*. Mexico: Pedro Ocharte.
- Centivres, Pierre  
1985 *Hippocrate dans la cuisine: le chaud et le froid en Afghanistan du Nord. In Identité alimentaire et altérité culturelle*. Pp. 35-57. Recherches et Travaux de l'Institut d'Ethnologie, No. 6. Neuchâtel: Université de Neuchâtel.
- Chadwick, John, and W. N. Mann, eds. and trans.  
1950 *The Medical Works of Hippocrates*. Oxford: Blackwell Scientific Publications.
- Clements, Forrest E.  
1932 *Primitive Concepts of Disease*. University of California Publications in American Archaeology and Ethnology, Vol. 32, No. 2.
- Cobo, Bernabé  
1893 *Historia del Nuevo Mundo*, Vol. IV. Seville: Imp. de E. Rasco.
- Colson, Audrey Butt  
1976 *Binary Oppositions and the Treatment of Sickness among the Akawaio*. In *Social Anthropology and Medicine*. J. B. Loudon, ed. Pp. 422-499. A.S.A. Monograph 13. New York: Academic Press.
- Colson, Audrey Butt, and Cesario de Armellada  
1983 *An Amerindian Derivation for Latin American Creole Illnesses and Their Treatment*. *Social Science & Medicine* 17:1229-1248.
- Comas, Juan  
1954 *Influencia indígena en la medicina hipocrática en la Nueva España del siglo XVI*. *América Indígena* 14:327-361.
- Cosminsky, Sheila  
1975 *Changing Food and Medical Beliefs and Practices in a Guatemalan Community*. *Ecology of Food and Nutrition* 4:183-191.
- 1977 *Alimento and Fresco: Nutritional Concepts and Their Implications for Health Care*. *Human Organization* 36:203-207.

- Culpepper, Nicholas  
1840 "Gent. Student in Physics & Astrology," *The British Herbal and Family Physician to Which is Added a Dispensatory for the Use of Private Families*. Halifax: Nicholson & Co.
- Currier, Richard L.  
1966 The Hot-Cold Syndrome and Symbolic Balance in Mexican and Spanish-American Folk Medicine. *Ethnology* 5:251-263.
- De la Fuente, Julio  
1949 Yalálag: una villa zapoteca serrana. Mexico City: Museo Nacional de Antropología, Serie Científica 1.
- 1964 Valor médico y documental del manuscrito. In M. de la Cruz, *Libellus de Medicinalibus Indorum Herbis*. E. C. del Pozo, ed. Pp. 329-343. Mexico City: Instituto del Seguro Social.
- Dibble, Charles E., and Arthur J. O. Anderson  
1961 Florentine Codex: General History of the Things of New Spain. Book 10—The People. Monographs of the School of American Research and the Museum of New Mexico, Number 14, Part IX. Santa Fe, NM: School of American Research and the University of Utah.
- 1963 Book 11—Earthly Things, Number 14, Part XII.
- Edmonson, Munro S.  
1986 A Mayan Perspective on Hot and Cold Medicine. Paper read at the 85th Annual Meeting of the American Anthropological Association, Philadelphia, December 6.
- Edmonson, Munro S., ed.  
1974 Sixteenth-Century Mexico: The Work of Sahagun. Albuquerque: University of New Mexico Press.
- Emmatt, Emily Walcott  
1940 The Badianus Manuscript (Codex Barberini, Latin 241): Vatican Library: An Aztec Herbal of 1552. Baltimore: The Johns Hopkins Press.
- Farfán, Agustín  
1579 Tractado breue de cirugía y del conocimiento y cura de algunas enfermedades que en esta tierra mas comunmente suelen auer. Mexico: Antonio Ricardo.
- 1815 Manual de medicinas caseras para consuelo de los pobres Indios en las provincias y pueblos donde no hay médicos, ni botica. Manila: Colegio y Universidad de Santo Tomas de Manila.
- Flores, Francisco A.  
1886-1888 Historia de la medicina en México desde la época de los Indios hasta la presente. 3 vols. Mexico City: Oficina Tip. de la Secretaría de Fomento.
- Ford, Richard I.  
1976 Communication Networks and Information Hierarchies in Native American Folk Medicine: Tewa Pueblos, New Mexico. In *American Folk Medicine: A Symposium*. W. D. Hand, ed. Pp. 143-157. Berkeley: University of California Press.
- Foster, George M.  
1953 Relationships Between Spanish and Spanish-American Folk Medicine. *Journal of American Folklore* 66:201-217.
- 1976 Disease Etiologies in Non-Western Medical Systems. *American Anthropologist* 78:773-782.
- 1978 Hippocrates' Latin American Legacy: "Hot" and "Cold" in Contemporary Folk Medicine. *Colloquia in Anthropology* 2:3-19. R. K. Wetherington, ed. Dallas: Fort Burgwin Research Center.

- 1979 Humoral Traces in United States Folk Medicine. *Medical Anthropology Newsletter* 10(2):17-20.
- 1984 How to Stay Well in Tzintzuntzan. *Social Science & Medicine* 19:523-533.
- 1985 How to Get Well in Tzintzuntzan. *Social Science & Medicine* 21:807-818.
- 1988 The Validating Role of Humoral Theory in Traditional Spanish-American Therapeutics. *American Ethnologist*. (In press.)
- Foster, George M., assisted by Gabriel Ospina  
1948 *Empire's Children: The People of Tzintzuntzan*. Institute of Social Anthropology Publication No. 6. Washington, DC: Smithsonian Institution.
- Foster, George M., and John H. Rowe  
1951 Suggestions for Field Recording of Information on the Hippocratic Classification of Diseases and Remedies. *The Kroeber Anthropological Society Papers* 5:1-5.
- Giljin, John  
1947 Moche: A Peruvian Coastal Community. Institute of Social Anthropology Publication No. 3. Washington, DC: Smithsonian Institution.
- González-Ulloa, Mario  
1959 La medicina en México. Mexico City: Cyánamid de México.
- Gould-Martin, Katherine  
1978 Hot Cold Clean Poison and Dirt: Chinese Folk Medical Categories. *Social Science & Medicine* 12(1B):39-46.
- Grattan, J. H. G., and Charles Singer  
1952 Anglo-Saxon Magic and Medicine: Illustrated Specially from the Semi-Pagan Text "Lacnunga." *Wellcome Historical Medical Museum, New Series*, No. 3. London: Oxford University Press.
- Grebe, María Ester, Dana Rujis, and José Segura  
1971 Enfermedades populares chilenas: Estudio antropológico de cuatro casos. *Cuadernos de la Realidad Nacional* 9:207-238.
- Gruner, O. Cameron  
1970[1930] *A Treatise on the Canon of Medicine*. New York: Augustus M. Kelley.
- Guerra, Francisco  
1969 The Role of Religion in Spanish American Medicine. In *Medicine and Culture*. F. N. L. Poynter, ed. Pp. 179-188. London: Wellcome Institute of the History of Medicine.
- Hart, Donn V.  
1969 Bisayan Filipino and Malayan Humoral Pathologies: Folk Medicine and Ethnohistory in Southeast Asia. Data Paper No. 76. Ithaca, NY: Cornell University, Dept. of Asian Studies.
- Harwood, Alan  
1971 The Hot-Cold Theory of Disease: Implications for Treatment of Puerto Rican Patients. *Journal of the American Medical Association* 216:1153-1158.
- Helman, Cecil G.  
1978 Feed a Cold and Starve a Fever. *Culture, Medicine and Psychiatry* 2:107-137.
- Hernández, Francisco  
1943 Historia de las plantas de Nueva España. Vol. 2. Mexico City: Imprenta Universitaria.
- 1946 Antiguidades de la Nueva España. Translated from the Latin by Joaquín García Pimental. Mexico City: Editorial Pedro Robredo.
- Hultin, Neil  
1974 Some Aspects of Eighteenth-Century Folk Medicine. *Southern Folklore Quarterly* 38:199-209.
- Ingham, John M.  
1970 On Mexican Folk Medicine. *American Anthropologist* 72:76-87.

- Izquierdo, J. J.  
1955 *El Hipocratismo en México*. Mexico City: Imprenta Universitaria.  
Kelly, Isabel  
1965 *Folk Practices in North Mexico: Birth Customs, Folk Medicine, and Spiritualism in the Laguna Zone*. Latin American Monographs, No. 2. Austin: The University of Texas Press.  
Kelly, Isabel, and Angel Palerm  
1952 *The Tajin Totonac*. Institute of Social Anthropology Publication No. 13. Washington, DC: Smithsonian Institution.  
Kiev, Ari  
1968 *Curanderismo*. New York: Free Press.  
Larsen, Henning  
1931 *An Old Icelandic Medical Miscellany*. Oslo: I Kommissjon Hos Jacob Dybwad.  
Lastres, Juan B.  
1951 *Historia de la medicina peruana*, Vol. II, La medicina en el virreinato. Publicaciones del Cuarto Centenario. Lima: Universidad Nacional Mayor de San Marcos.  
Laval M., Enrique  
1953 *Botica de los Jesuitas de Santiago*. Biblioteca de Historia de la Medicina en Chile, Vol. II. Santiago: Asociación Chilena de Asistencia Social.  
Leach, Edmund  
1967 *Genesis as Myth*. In *Myth and Cosmos*. John Middleton, ed. Pp. 1-13. Garden City, NY: Natural History Press.  
Lee, Rance P. L.  
1980 *Perceptions and Uses of Chinese Medicine among the Chinese in Hong Kong*. *Culture, Medicine and Psychiatry* 4:345-375.  
Logan, Michael H.  
1973a *Digestive Disorders and Plant Medicinals in Highland Guatemala*. *Anthropos* 68:537-547.  
1973b *Humoral Medicine in Guatemala and Peasant Acceptance of Modern Medicine*. *Human Organization* 32:385-395.  
1977 *Anthropological Research on the Hot-Cold Theory of Disease: Some Methodological Suggestions*. *Medical Anthropology* 1(4):89-112.  
López, Gregorio  
1674 *Tesoro de medicina*. Mexico: Francisco Rodríguez Lupericio.  
López Austin, Alfredo  
1969 *De las enfermedades del cuerpo humano y de las medicinas contra ellas*. *Estudios de Cultura Náhuatl* 8:51-122.  
1970 *Ideas etiológicas en la medicina náhuatl*. Mexico City: Anuario Indigenista 30:225-275.  
1971a *Textos de medicina náhuatl*. Mexico City: Secretaría de Educación Pública.  
1971b *De las plantas medicinales y de otras cosas medicinales*. *Estudios de Cultura Náhuatl* 9:125-230.  
1972 *Textos acerca de las partes del cuerpo humano y de las enfermedades y medicinas en los primeros memoriales de Sahagún*. *Estudios de Cultura Náhuatl* 10:129-154.  
1974a *Sahagun's Work and the Medicine of the Ancient Nahuas: Possibilities for Study*. In *Sixteenth-Century Mexico: The Work of Sahagun*. Munro S. Edmonson, ed. Pp. 205-224. Albuquerque: University of New Mexico Press.  
1974b *Descripción de medicinas en textos dispersos del libro XI de los códices matritense y florentino*. *Estudios de Cultura Náhuatl* 11:46-135.  
1975 *Textos de medicina náhuatl*. 2nd ed. Mexico City: Universidad Nacional Autónoma de México, Instituto de Investigaciones Históricas.

- 1980 *Cuerpo humano e ideología: las concepciones de los antiguos Nahuas*. Serie Antropológica 39. Mexico City: Universidad Nacional Autónoma. Instituto de Investigaciones Antropológicas.  
López de Hinojoso, Alonso  
1578 *Suma y recopilación de cirugía*. México: Antonio Ricardo.  
López de Lowther, Maria, and Lockhart Warren, eds. and transls.  
1954 *Botica general de los remedios experimentados*. Los Angeles: Friends of the UCLA Library.  
Madsen, Claudia  
1965 *A Study of Change in Mexican Folk Medicine*. Middle American Research Institute Publication 25:89-138. New Orleans, LA: Tulane University.  
Madsen, William  
1955 *Hot and Cold in the Universe of San Francisco Tecospa, Valley of Mexico*. *Journal of American Folklore* 68:123-139.  
1964 *The Mexican-Americans of South Texas*. New York: Holt, Rinehart and Winston.  
Mak, Cornelia  
1959 *Mixed Medical Beliefs and Practices*. *América Indígena* 19:125-150.  
Manderson, Lenore  
1981 *Traditional Food Classifications and Humoral Medical Theory in Peninsular Malaysia*. *Ecology of Food and Nutrition* 11:81-93.  
Mathews, Holly F.  
1983 *Context-Specific Variation in Humoral Classification*. *American Anthropologist* 85:826-843.  
Mazes, Richard B.  
1968 *Hot-Cold Food Beliefs Among Andean Peasants*. *Journal of the American Dietetic Association* 53:109-113.  
Messer, Ellen  
1981 *Hot-Cold Classification: Theoretical and Practical Implications of a Mexican Study*. *Social Science & Medicine* 15B:133-145.  
Minturn, Leigh, and John T. Hitchcock  
1966 *The Rājapūts of Khalapur, India*. New York: John Wiley.  
Molony, Carol H.  
1975 *Systematic Valence Coding of Mexican "Hot"-"Cold" Food*. *Ecology of Food and Nutrition* 4:67-74.  
Muñoz-Bernard, Carmen  
1979 *Note sur les systèmes d'interprétation des maladies dans la Sierra Sud de L'Équateur*. Actes du XLII Congrès International des Americanistes, Paris, 1976. Vol. 6, pp. 417-426.  
Needham, Joseph, and Lu Gwei-Djen  
1969 *Chinese Medicine*. In *Medicine and Culture*. F. N. L. Poynter, ed. Pp. 255-284. London: Wellcome Institute of the History of Medicine.  
Neuenschwander, Helen L., and Shirley D. Souder  
1977 *The Hot-Cold Wet-Dry Syndrome among the Quiché of Joyabaj: Two Alternative Cognitive Models*. In *Cognitive Studies of Southern Mesoamerica*. H. L. Neuenschwander and D. E. Arnold, eds. Pp. 96-125. Dallas: Summer Institute of Linguistics, Museum of Anthropology.  
Orso, Ethelwyn  
1970 *Hot and Cold in the Folk Medicine of the Island of Chirra, Costa Rica*. Baton Rouge, LA: Latin American Studies Institute, Louisiana State University. Monograph and Dissertation Series, No. 1.

- Ortiz, Alfonso  
1969 *The Tewa World: Space, Time, Being, and Becoming in a Pueblo Society*. Chicago: University of Chicago Press.
- Ortiz de Monteliano, Bernard  
1975 *Empirical Aztec Medicine*. *Science* 188:215-220.
- 1976 *Curanderos: Spanish Shamans or Aztec Scientists? El Grito del Sol* 1/2:21-28. Penkala, Danuta
- 1980 "Hot" and "Cold" in the Traditional Medicine of Afghanistan. *Ethnomedizin* 6:201-228.
- Queiroz, Marcos S.  
1984 Hot and Cold Classification in Traditional Iguape Medicine. *Ethnology* 23:63-72.
- Redfield, Robert  
1934 *Culture Changes in Yucatan*. *American Anthropologist* 36:57-69.
- Redfield, Robert, and Alfonso Villa Rojas  
1934 *Chan Kom: A Maya Village*. Publication No. 448. Washington, DC: Carnegie Institute of Washington.
- Reichel-Dolmatoff, Gerardo, and Alicia Reichel-Dolmatoff  
1959 Nivel de salud y medicina popular en una aldea mestiza colombiana. *Revista Colombiana de Antropología* 7:201-249.
- Relaciones de Yucatán, Vol. I  
1898 Colección de documentos inéditos relativos al descubrimiento, conquista y organización de las antiguas posesiones españolas de ultramar. Vol. II. Madrid.
- Ryesky, Drana  
1976 Conceptos tradicionales de la medicina en un pueblo mexicano: un análisis antropológico. Mexico City: Sep/Scientas.
- Sarton, George  
1954 *The Appreciation of Ancient and Medieval Science During the Renaissance*. Philadelphia: University of Pennsylvania Press.
- Scheffler, Lilian  
1977 Medicina folk y cambio social en un pueblo náhuatl del Valle de Tlaxcala. *Boletín del Departamento de Investigaciones Populares* 4:83-107. Mexico City: Secretaría de Educación Popular.
- Schudel, Gordon  
1968 *Medicine in Mexico: From Aztec Herbs to Betatrons*. Austin: University of Texas Press.
- Service, Elman R., and Helen S. Service  
1954 *Tobatí: Paraguayan Town*. Chicago: University of Chicago Press.
- Shalinsky, Audrey C.  
1980 *Curing Strategies in a Central Asian Population in Afghanistan*. *Ethnomedizin* 6:183-200.
- Simmons, Ozzie G.  
1955 *Popular and Modern Medicine in Mestizo Communities of Coastal Peru and Chile*. *Journal of American Folklore* 68:57-71.
- Somolinos D'Ardois, Germán  
1966 *Capítulos de historia médica mexicana*. Vol. II. El fenómeno de fusión cultural y su transcendencia médica. Mexico City: Sociedad Mexicana de Historia y Filosofía de la Medicina.
- Squier, E. George  
1877 *Incidents of Travel and Exploration in the Land of the Incas*. New York: Harper and Brothers.
- Stein, William W.  
1961 *Huacac: Life in the Highlands of Peru*. Ithaca, NY: Cornell University Press.
- Suárez, María Matilde  
1973 *Enfermedades populares, causas y tratamientos: el caso de el Morro en los Andes venezolanos*. Acti del XL Congreso Internazionale degli Americanisti, Roma-Genova, 1972. Vol. 2. Pp. 381-386. Genoa: Tilgher.
- 1974 *Etiology, Hunger, and Folk Disease in the Venezuelan Andes*. *Journal of Anthropological Research* 30:41-54.
- Temkin, Owsel  
1973 *Galienism: Rise and Decline of a Medical Philosophy*. Ithaca, NY: Cornell University Press.
- Treutlein, Theodore E.  
1940 *The Jesuit Missionary in the Role of Physician*. *Mid-America* 22:120-141.
- Unschuld, Paul U., transl.  
1986 *Nan-Ching: The Classic of Difficult Issues*. Berkeley: University of California Press.
- Valdizán, Hermilio, and Angel Maldonado  
1922 *La medicina popular peruana*. 3 vols. Lima: Imprenta Torres Aguirre.
- Veith, Ilza, ed. and transl.  
1966 *Huang Ti Nei Ching Su Wen: The Yellow Emperor's Classic of Internal Medicine*. Berkeley: University of California Press.
- Velásquez, Rogerio  
1958 *La medicina popular en la costa colombiana del Pacifico*. *Revista Colombiana de Antropología* 6:195-241.
- Vetancurt, Agustín de  
1698 *Teatro mexicano*. Mexico: María de Benavides.
- Wandel, Margareta et al.  
1984 *Heaty and Cooling Foods in Relation to Food Habits in a Southern Sri Lanka Community*. *Ecology of Food and Nutrition* 14:93-104.
- Wiess, H. Jean C.  
1976 *Maternal Nutrition and Traditional Food Behavior in Haiti*. *Human Organization* 35:193-200.
- Wisdom, Charles  
1940 *The Chorti Indians of Guatemala*. Chicago: University of Chicago Press.
- Ximénez, Francisco  
1615 *Quatro libros de la naturaleza, y virtudes de las plantas*. Mexico: Viuda de Diego López Dávalos.